

A Partnership Between Community-based Health Care Providers, Their Patients, and Research Clinicians at NIH

PACT is a collaboration between community health organizations; patients of the Washington, D.C. metropolitan area; and researchers at the National Institute of Allergy and Infectious Diseases (NIAID).

PACT consists of multicultural health care professionals with skills in phlebotomy, case management, health promotion, and data processing who have knowledge of the Washington, D.C. area and its diverse population and varied health needs.

The program's focus is to increase access to research for those people who may be underrepresented in clinical studies.



PACT Team members from left to right: Ana Núñez, Marco Zurita, Jackie Carufel, Charlita Whitehead, Carmen Babá-Dijols



NIAID is located just outside of Washington, D.C., on the campus of the National Institutes of Health (NIH) in Bethesda, Maryland.

Clinical trials are research studies in which people help doctors find ways to improve health. Each study seeks to answer scientific questions and to find better ways to prevent, diagnose, or treat disease. Volunteering to participate in a research study can help people play a more active role in their own health care, gain access to new research treatments before they are widely available, and help others by contributing to medical research.

Our partnership with the community clinics is an invaluable opportunity to work alongside health care providers who treat underserved patients so we can help develop treatments that are most useful to this population.

— Michael Sneller, MD, Clinical Investigator, NIAID, Bethesda, MD



## **PACT** provides

Education - PACT informs patients, their providers, and community groups about clinical studies and advances in treatments for critical infectious diseases, such as HIV infection, hepatitis C, and tuberculosis.

Outreach - PACT works side by side with local primary care and infectious disease practitioners to reach patients—one by one—who may be eligible for a research study.

Access - PACT assists in overcoming barriers that may limit patients' participation, such as language, transportation, and culture.

## **Benefits to patients**

- Information about treatment options and available clinical research studies
- Assistance with enrolling in a clinical trial

# Benefits to health care providers

- Access to PACT experts in community relations and infectious diseases
- Access to NIAID clinical trials

- Support for the duration of the study, such as:
  - Case management and social work
  - Translation and interpretation
  - Transportation to and from NIH
- Assistance with the study referral process
- Patient care and clinical support
- Administrative support at clinic



I believe PACT is a wonderful way for patients to get enrolled into studies. Because of our longstanding relationship and very smooth working experience we have with PACT personnel, it is my wish that PACT continues rendering the service it is giving to our patients.

— Gebeyehu Teferi, MD, Director of HIV Services, Unity Health Care, Inc., Washington, D.C.

## To find out more about PACT,

### **Contact PACT Liaisons:**

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https://www.niaid.nih.gov/clinical-trials/pact

## Stav Connected with NIAID:













# Social media privacy policy:

https://www.niaid.nih.gov/privacy







I was scared and not quite sure how to handle the devastating news of my AIDS status. A PACT liaison became my intermediary at NIH. She walked me through my assessments, evaluations, and treatment planning. Thanks to my liaison and the team at NIH, my health is much better.

- HIV study participant